

Catonsville Cooperative Preschool

Snack Menu

SEPTEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9 Grape juice Pretzels Cheese slices, cubes, or sticks	10 Milk Apple slices Whole grain goldfish	11 Milk Banana Cheerios	12 Milk Pears Graham crackers	13 Milk Apple slices Whole grain goldfish	14
15	16 Pre-K Recipe: no cook applesauce (teacher) Milk Pretzels	17 3's Recipe: no cook applesauce (teacher) Milk Pretzels	18 Milk Graham crackers Pears	19 Milk Whole grain goldfish Pears	20 Milk Grapes Rice Chex	21
22	23 Milk 1/2 English muffin Jelly or honey Carrot sticks or raisins	24 Milk Apple slices Mini muffins or fruit newtons	25 Apple juice Wheat crackers Cheese slices, cubes, or sticks	26 Apple juice Wheat crackers Cheese slices, cubes, or sticks	27 Milk Apple slices Mini muffins or fruit newtons	28
29	30 <i>No School - Rosh Hashanah</i>					